



iHeadache.com

iHeadache® is the customizable online headache diary that gathers everything about your headaches in one place.

Use iHeadache to record your headaches, view graphs and charts of your headache data & share your diary with your doctor. iHeadache tracks:

- Headache Type & Frequency
- Treatments (Acute & Preventative)
- Pain Severity, Location & Type
- Headache Triggers
- Time Disabled
- Real-time Disability Score

www.iHeadache.com

iHeadache.com



MFG: Better QOL, Inc.

RX: **iHeadache.com**

The customizable online headache diary that gathers everything about your headaches in one place.

DIRECTIONS: Go to www.iHeadache.com daily to enter and track your headaches.

Enter disability, symptoms, pain, triggers and acute treatments for each headache. Look at your Headache Dashboard to view charts and graphs of your headache data. Share your data with your doctor (if they are using iHeadache MD™) or print a report before each appointment and take it with you. Learn more at www.iHeadache.com.